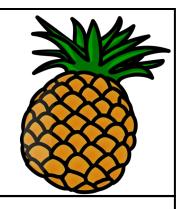


# THE BUZZELL BUZZ

# THE DEPARTMENT OF ELDERLY SERVICES

# **JULY 2021**



#### **BUZZELL SENIOR CENTER**

15 SCHOOL STREET WILMINGTON, MA 01887

#### **TELEPHONE:**

978-657-7595 OR 978-658-2258

MONDAY – FRIDAY 9:00AM– 4:30PM





# <u>Department</u> <u>of Elderly Services</u> Staff Contact Information

#### Director:

Terri Marciello TMARCIELLO@WILMINGTONMA.GOV

#### Case Manager:

Laura Pickett

LPICKETT@WILMINGTONMA.GOV

#### Senior Clerk:

Kelly Fordham KFORDHAM@WILMINGTONMA.GOV

#### Assistant Clerk:

Lisa Fanikos LFANIKOS@WILMINGTONMA.GOV

#### **Assistant Case Worker:**

Patti Meehan
PMEEHAN@WILMINGTONMA.GOV

## **NEWS & UPDATES**

These are words that we have looked forward to saying for the last 18 months! We will be opening our doors on the week of July 12, 2021—but with limited activities and some guidelines. This will be a gradual opening, where we are adding activities indoors but are still requiring you to sign up for the activities. We need to do this to have adequate space for all activities. While the restrictions of masks and social distancing have been lifted, the Senior Center will encourage those who have not been vaccinated to wear a mask. In addition, if you have been vaccinated and feel more comfortable wearing a mask, please continue to wear one. This is a time of adjustments and we want to make everyone feel comfortable coming back inside the Buzzell Senior Center.

We will continue to use the outdoor tent, in fact several classes have asked to keep their program outdoors. We will be having our "Grab and Goes" - now once a month throughout the summer months. Remember, feel free to call with any questions or concerns with these new changes. We are extremely excited that we are turning this corner and starting to see everyone again. Thank you for being patient, strong and resilient!

As many of you know we had to postpone the showing of the murder mystery, "I'll Be Seeing Ya" in June due to some technical difficulties but we have rescheduled it. Please see page 2 for more information and to see the new showing date. Also on page 2, check out all the fun events we have planned for this summer! We can't wait to see you all again.

The Committee for a new Senior Center has certainly been busy and we want to keep everyone in the loop! Please see page 6 for an update on what has been going on with the new Senior Center project.

Remember to stay hydrated this summer. See some tips on how to stay hydrated on page 2. Also, If you are in need of a fan this summer please do not hesitate to ask! Just call the center at 978-657-7595, we have fans available if needed.



Happy 4th of July! The center will be closed on Monday, July 5, 2021 in observation of the 4th of July. There will be no home delivered meals on this date as well.

If you have any questions, please call the center at 978-657-7595.

#### ANNUAL COOKOUT UPDATE:



Due to circumstances beyond our control, The annual cookout has been postponed. But don't worry, we have lots of fun events scheduled this summer!

#### STRAWBERRY GRAB & STAY!



When: Wednesday, July 21, 2021 at 1:00PM

Where: Under the Tent

What's on the Menu: Gather with your friends and have some strawberry

shortcake. This event is free of cost.

Sign up for this event will begin on Friday, July 9, 2021 at 9:30AM

Please note that everyone must call the center for themselves to sign up in order to give everyone a fair chance.

#### SAVE THE DATE



When: Tuesday,
August 17, 2021
at 1:00PM

Join us for music & ice cream! We will be hosting a Beatles cover band. Come, have fun and make your own ice cream sundaes! This event is free of cost.

Sign up will begin in August. More information to follow in the August Newsletter!



#### SUMMER GAME NIGHT

Our popular "Late Night at the Senior Center—Game Night" is BACK!

We have two Game Night's scheduled for July.

Wednesday, July 14, 2021 4:30PM-6:30PM Wednesday, July 28, 2021 4:30PM-6:30PM

Come and enjoy a bag dinner with friends and then stick around for cards, board games or rock painting. Space is limited. This event is free of cost. Call the center to sign up!

#### "I'LL BE SEEING YA!"



A Virtual Murder Mystery/Comedy

Featuring Delvena Theatre Company as you've never seen before!

Shirley Galore has been murdered at Joe's Bar and Grille and More.
Who dunnit! Put your sleuth hat on and have some fun! Prizes awarded.



WHEN: Monday, July 19, 2021 at 6:30PM

WHERE: Buzzell Senior Center Tent

Individual bags of popcorn will be provided.

Since this event was rescheduled, if you were signed up for the June date we have kept you signed up for this date. Please call the center and let us know if you are not able to make this date or if you would like to sign up for the event.

#### IMPORTANT TO REMEMBER DURING THIS HEAT:



- Drink plenty of liquids, such as water or fruit or vegetable juices. Stay away from drinks containing alcohol or caffeine. If your doctor has told you to limit your liquids, ask what you should do when it is very hot.
- If you live in a home or apartment without fans or air conditioning, try to keep your house as cool as possible. Limit your use of the oven. Keep your shades, blinds, or curtains closed during the hottest part of the day. Open your windows at night.



# JULY BIRTHDAYS

We can't help you blow out the candles on your cake unless you tell us your special day!

Call the Senior Center to confirm your birthday month so that we can mention you in future newsletters!

Charles Biondo
Joan Dancewicz
Mary Greco
Joanne Martinos
Audrey Reed
George Taylor

Joyce Brown
Gail Dickson
Barbara Gillespie
Norman MacEachern
Louise Redgate
Donna Wayman

Rita Capuano Shirley Estrella Dolly Junek Richard Miano Mary Lou Sims Priscilla Ward Joseph Candelino Carol Dwyer

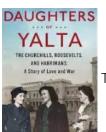
Mary Engert Christine Ford

Marge Lamkin Cee Miller

Joseph McCarthy Emily Pastore

Glenna Sandberg Rose Sciuto

#### **BOOK CLUB**



The Book Club meets on the 4th Monday of the month at 1:30PM. If you are interested in joining, please call the center at 978-657-7595.

This months book is <u>The Daughters of Yalta</u> by Catherine Grace Katz.

The next meeting is on Monday, July 26, 2021 at 1:30PM



#### ART CLASS

Sign up for the Art Class! The Art Class meets at the center on Thursday mornings at 10:30AM.

We are so lucky to have Steve Greco who is a very gifted professional artist instructing the class. If you are interested in signing up for the class or would like more information about it, please call the center at 978-657-7595.

#### JULY MOVIE RAFFLE



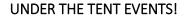
Call the center to sign up for our movie raffle! It is free to enter. We will be raffling off a movie and some movie snacks so you can have a fun movie night at home!

One lucky winner will be chosen on Monday, July 12, 2021

#### BOCCE

Bocce is BACK! The court is cleaned up and ready for a summer of fun! Grab your sneakers, a friend, make some teams, and have a blast. The bocce court is available anytime, you do not need to call ahead and pre-register.

The balls and scoreboard are located in the hallway by kitchen.





Please see our class and activity schedule below and call the center to pre-register for anything you are interested in. As you can see, we have added a number of new programs and plan to add more in the coming months. Always feel free to share any of your ideas.

#### **CLASSES**

#### **ACTIVITIES & GROUPS**

Tai Chi with Greta	Mondays at 9:00AM
Special Exercise with Judy Special Exercise with Mary	Mondays at 10:30AM Wednesdays at 9:30AM
Yoga with Joan	Thursdays at 9:00AM
Art with Steve	Thursdays at 10:30AM
Ceramics with Carol	Thursdays at 1:30PM
Zumba with Vera	Thursdays at 4:15PM
Chair Yoga with Joan	Fridays at 1:00PM

Book Club	4th Monday of the month at 1:30PM
Caregivers Support Group	3rd Monday of the month at 10:30AM
Cards/Games	Wednesdays at 1:00PM
Knitting & Crocheting	Fridays at 9:30AM
Poker	Fridays at 1:00PM
Воссе	Come play anytime!

### **Caregivers Support Group**



The role of a caregiver can be a very difficult one, especially during these last 15 months. The Department of Elderly Services is offering a Caregivers Support Group that meets on the third Monday of each month. If you are caring for a loved one, relative, or friend, come and meet with others who understand all that you are going through and who can offer support and provide helpful coping strategies. The group meets from 10:30AM to noon at the Buzzell Senior Center. For more information, please call Case Manager, Laura Pickett at 978-657-7595 or email at lpickett@wilmingtonma.gov

#### SAVE THE DATE

#### Grief, Loss, Coping & Bereavement Support Group

Thursday, September 16, 23, 30, 12:00-2:00PM

Wilmington- Buzzell Senior Center – 15 School Street, Wilmington



Come for SUPPORT, EMPATHY and UNDERSTANDING

When a life ends, those living are left to grieve their loss. This is often a painful process; it is hard to bear. This group is open to all adults who have experienced the loss of a loved one and would like to join with others who may be experiencing similar feelings and life challenges. Nancy Duffy, from Beacon Hospice will be facilitating each meeting. Nancy has worked at Beacon Hospice for the past 13 years and has worked extensively in grief support. This program is hosted by the Department of Elderly Services and sponsored by Beacon Hospice, an Amedisys Company.

\*All are welcome. This group is free of charge\*
To pre-register please call Laura Pickett at 978-657-7595 or
Nancy Duffy, BC at 617-242-8370

### ZOOM TRIVIA

Join Kelly for Zoom Trivia! This month is Tourist Attractions Trivia and Massachusetts History Trivia. Please see below how to play. Test your knowledge, see some friendly faces, and most of all... have fun! We are always interested in hearing your suggestions for Zoom Trivia topics, reach out to Kelly if you have a trivia idea!

If you are hesitant to sign up because you have never used Zoom, call the center and speak with Kelly. Zoom may seem intimidating but it is actually very easy and fun to use. Kelly can set up a one on one Zoom meeting with you and walk you through all the steps over the phone or just answer any questions you may have.

\*Winners will be announced in the August newsletter\*



TOURIST ATTRACTIONS TRIVIA TUESDAY, JULY 13 2021 9:30AM-10:30AM



MASSACHUSETTS HISTORY TRIVIA TUESDAY, JULY 20, 2021 9:30AM-10:30AM

#### **HOW TO PLAY:**

All you need is a pen and paper! I will ask a question and players will write down their answer. Once all players have their answer written down, everyone will hold up the piece of paper with their answer on it. I will be keeping score and whoever has the most correct answers at the end of the game will win a prize!

#### **HOW TO SIGN UP:**

1. Call the center and give us your email address. We will email you the link to the zoom event.

# LETS CONGRATULATE OUR WINNERS!



## JUNE MOVIE RAFFLE WINNER:

Congratulations to <u>CHARLIE EDDY!</u>

<u>CHARLIE</u> won the movie basket raffle in

June. We hope you were able to enjoy a

relaxing movie night!



LITERATURE TRIVIA II: WINNER:

LINDA WALSH

#### FLOWER MOON DRIVE THRU



Congratulations to...

#### JOYCE PASQUALE!

Joyce found the winning ticket in her goodie bag. Joyce won a Market

Basket gift card!



WORLD GEOGRAPHY TRIVIA WINNER:

LINDA WALSH



#### **CLOCK RAFFLE WINNER:**

Congratulations to <u>JAMES PASQUALE</u> for winning the hand painted clock by Mark Ryan. We were lucky be able to have Mark randomly choose the winner. Thanks Mark!



FAMOUS WOMEN TRIVIA: WINNER:

TO BE ANNOUNCED IN AUGUST NEWSLETTER

#### UPDATE ON NEW SENIOR CENTER PROJECT



During the 2020 Annual Town Meeting, two feasibility studies were approved by voters. One was to design a new Senior Center and the other was to design a new Town Hall/School Administration Building. For the Senior Center project, a Senior Center Building Committee was formed consisting of members of the Permanent Building Committee, Board of Selectmen (Greg Bendel), Finance Committee (Theresa Manganelli) and Terri Marciello, Director of Elderly Services.

The Committee's first task was selecting an Owner's Project Manager (OPM). State law requires a town to hire an OPM for any public building that exceeds \$1.5 million. Following a selection process, the Committee selected P3 as the OPM for this project. The OPM will assist the Committee in overseeing the architect and contractor.

The OPM assisted the Committee in going through a designer selection process to hire an architect for the project. Following a review of submissions from 13 architects and interviews with four finalists, the Committee selected Dietz and Company as the project architect. A public meeting between the Committee, the OPM and the Architects was held on 06/17/21 at the Town Hall to discuss preliminary reviews of the four possible sites for the new Senior Center and proposed room sizes required to meet Senior Center needs for program activities, utilities and administration office space. Several senior citizens from the town attended as well. The Committee was pleased to have seniors in attendance and is looking forward to senior participation at future meetings.

The architects will be using various criteria to evaluate four sites to determine the pros and cons of each site so that a consensus can be reached on the most appropriate site. The four sites are the Town Hall site, the former Whitefield School property, the open space adjacent to St Dorothy's Church and the site of the former Swain School.

The architects have asked the Committee to review whether the proposed room sizes meet the needs of the town's senior population and to adjust as needed.

The next activity will be a tour scheduled for the Committee to visit one or more of the Senior Centers designed and built by Dietz and Company. A site visit is being planned for early July. The date for the Committee's July meeting has not yet been set.

Additional information will be provided in subsequent newsletters. The Committee is reaching out to WCTV to have future meetings taped for viewing by the public. We will provide notice of upcoming meetings on the Wilmington Apple, the Patch and on the Senior Center Facebook page and Twitter. (Search Buzzell Senior Center on Facebook and Twitter.)



# U.S State and Capitals Word Scramble:

Unscramble the letters in each line of column 1 to reveal a U.S State. Then, unscramble the letters in each line of column 2 to reveal a U.S Capital City. In column 3, write the corresponding letter from column 2 that matches the number from column 1. \*Puzzle answers are on back page\*



Column 1: U.S States	<u>Column 2:</u> <u>U.S Capitals</u>	Column 3: Match (Number & Letter)		
1. XATSE = <b>TEXAS</b>	A. ESMAL = <b>SALEM</b>	1. B. AUSTIN, TEXAS		
2. NOROGE = <b>OREGON</b>	B. UNASIT = <b>AUSTIN</b>	2. A. SALEM, OREGON		

Column 1: U.S States
1. RNHOT AOKDTA
2. BNAAKERS
3. ENW KYOR
4. NHRTO NIRAALOC
5. DVEANA
6. SALAAK
7. NSIISWNOC
8. USIROMSI
9. YDRMALAN
10. EWDRAAEL

Column 2: U.S Capitals
A. IOCNLLN
B. SAOCNR YCTI
C. EJNEFRFOS TCIY
D.EDVRO
E. EJUUNA
F. GRAHIEL
G. CBMSKARI
H. DMINASO
I. PAALNSNIO
J. YALNAB

Column 3:	
Match (Number & Lette	r)
1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

7	3	2		8				
	9		6				8	7
8		6	3		9		1	
2	7			9		6	3	
6			7	5			2	9
		9	4	2	6			8
	5		2		4			
	6	8		3				2
4		3		6	8	5	7	1



Use deductive logic to complete the grid so that each row, each column, and each 3 by 3 box contains the numbers 1 through 9 in some order.

\*Puzzle answers are on back page\*

The solution is unique.



# TOWN OF WILMINGTON

PRESORTED STANDARD US POSTAGE PAID WILMINGTON, MA PERMIT NO 10

**CURRENT RESIDENT OR** 



#### **TRANSPORTATION**

Transportation is being provided for medical appointments, trips to the grocery store, salons, pharmacies etc.



Call the center at 978-657-7595 to schedule a ride. Please note that due to social distancing requirements, space on the van is limited.



Please reach out to us if you are interested in borrowing a DVD. The DVD's are cleaned before and after each use. We have received more DVDs, if you would like a complete list of what we have to choose from please call the center.



The center has received a large donation of hearing aid batteries. If you are in need, please give us a call.

We also have incontinence products such as depends and Poise.
Please call the center if you are in need.

7	3	2	1	8	5	4	9	6
5	9	1	6	4	2	3	8	7
8	4	6	3	7	9	2	1	5
2	7	5	8	9	1	6	3	4
6	8	4	7	5	3	1	2	9
3	1	9	4	2	6	7	5	8
9	5	7	2	1	4	8	6	3
1	6	8	5	3	7	9	4	2
4	2	3	9	6	8	5	7	1

#### **PUZZLE ANSWERS**

10. D Dover, Delaware	
bnslynsM ,ziloqsnnA I .e	
8. C Jefferson City, Missouri	
7. H Madison, Wisconsin	
6. E Juneau, Alaska	

5. B Carson City, Nevada	
4. F Raleigh, North Carolina	
3. J Albany, New York	
2. A Lincoln, Nebraska	
T. G Bismarck, Morth Dakota	



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